A note of gratitude…

Our University of Utah Project ECHO® team are privileged to work with wonderful, committed providers and mentors in communities throughout the Mountain West.

During this season of thanks and celebration, we wish to express our deepest gratitude for the outstanding effort and accomplishments of all of you who have created such successful ECHO programs to improve access to top notch healthcare for patients, geography and social circumstances notwithstanding.

We wish all the Happiest Holidays and a grand start to 2020.

Very best Season’s Greetings!

Dr. Terry Box
Medical Director, Project ECHO®
University of Utah Health

Maternal Mental Health

The first of five sessions on “Maternal Mental Health” as a part of Pregnancy Care ECHO will be held on Friday, December 6 from noon – 1 pm. We welcome you to join us online for these sessions, as we explore the following topics through the end of January 2020:

- Friday, December 6, 2019 | Perinatal Mood and Anxiety Disorders: Impact, Prevention, and Treatment
- Friday, December 20, 2019 | Postpartum Post-Traumatic Stress Disorder
- Friday, January 3, 2020 | Maternal Wellness & SNOWBALL (Sleep, Nutrition, Omega-3s, Walk, Baby Breaks, Adult Time, Liquids, Laughter)
- Friday, January 17, 2020 | Screening & Prescribing in Clinical Practice: Perinatal Care Providers as First Line Responders
- Friday, January 31, 2020 | Maternal Mental Health Impact & Resources

All sessions are held noon – 1 pm MT. Interested in joining us online? Email Christina Choate at christina.choate@hsc.utah.edu for more information.
Burn & Soft Tissue Injury ECHO | Life after Injury: Survive & Thrive

Join us on Wednesday, December 18 from noon – 1 pm MT for a Burn & Soft Tissue Injury ECHO session on “Life After Injury: Thrive & Survive.” Dr. Giavonni Lewis and a panel of participants will present from the University of Utah Burn Center, and they welcome you to participate online! CME and nurse contact hours are available to those who join.

Interested in joining this session? Register and log-in to the Crisis Standards of Care (CSC) website, then navigate to the “Project ECHO” tab to join the live session.

Upcoming ECHO sessions

To learn more or join us for one of the following sessions, please contact Christina Choate at christina.choate@hsc.utah.edu.

**Behavioral Health:**
- “Mood Disorder Theory: How we diagnose & treat our patients” (12/5/2019)
- “Anxiety Disorder Theory: How we diagnose & treat our patients” (12/12/2019)

**Burn & Soft Tissue Injury:**
- “Life After Injury: Thrive & Survive” (12/18/2019)

**Gastroenterology & Liver Care:**
Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Dr. Terry Box (Hepatology), Dr. John Valentine (Gastroenterology), and Dr. Tony Dalpiaz (Clinical Pharmacy).

**Hepatitis C Virus:**
Held weekly on Fridays from 11:30 am – 1:00 pm with Dr. Terry Box (Hepatology) and Dr. Tony Dalpiaz (Clinical Pharmacy).

**Pediatrics:**
- “Contraceptive Options for Adolescents” (12/4/2019)
- “Abdominal Pain in Adolescents” (12/11/2019)
- “Sex Trafficking” (12/18/2019)

**Pregnancy Care:**
- “Perinatal Mood and Anxiety Disorders: Impact, Prevention, and Treatment” (12/6/2019)
- “Postpartum Post-Traumatic Stress Disorder” (12/20/2019)

Data Usage Notification

In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement’s reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact Christina Choate at christina.choate@hsc.utah.edu with any questions or concerns.