Psychiatry

The Department of Psychiatry provides comprehensive consultation, and outpatient and inpatient treatment services for the entire range of human emotional problems. Faculty members include specialists in each age group and in family problems, women’s problems, inpatient care, psychopharmacology and psychotherapy.

SPECIALTIES
- Adult Behavioral Health Clinic
- Adult Inpatient Psychiatry
- Adult Outpatient
- Child and Adolescent Behavioral Health Clinic
- Child and Adolescent Inpatient
- ECT/TMS Clinic
- Forensic Psychiatry
- Neurobehavior HOME Program
- Outpatient Recovery Clinic
- Psychiatric Consultation and Liaison Service
- Sleep–Wake Center

CONTACT INFORMATION

Appointments
See specialties on following pages
24-hour Crisis Services
(801) 587-3000
General Information
(801) 583-2500

Department of Psychiatry
Academic Office
(801) 581-7951

Web Site
healthcare.utah.edu/uni/

MAPS & DIRECTIONS
www.healthcare.utah.edu/maps

PATIENT TRANSFER CENTER
1-877-ADMIT-2-U (1-877-236-4828)
Adult Behavioral Health Clinic  
**(801) 585-1212**  
Matthew L. Moench, M.D.  
Rachel Weir, M.D.  
- Attention deficit hyperactivity  
- Bipolar disorder  
- Depression  
- Eating disorders  
- Generalized anxiety disorder  
- Management with co-morbid medical conditions  
- Obsessive-compulsive disorder  
- Panic disorder  
- Post-traumatic stress disorder  
- Psychiatric management during pregnancy  
- Schizophrenia  
- Social phobia

Adult Inpatient Psychiatry  
**(801) 583-2500**  
Meredith Alden, M.D.  
Roxanne L. Bartel, M.D.  
Robert Birch, D.O.  
Lowry Bushnell, M.D.  
Spencer C. DeBry, M.D.  
Martin Freimer, M.D.  
Paula Gibbs, M.D.  
Brian Harlan, M.D.  
Elizabeth F. Howell, M.D.  
Jason W. Hunziker, M.D.  
Sebastian Kreitschitz, M.D.  
Ben Lewis, M.D.  
David Moulton, M.D.  
Julie Oldroyd, M.D.  
James Page, M.D.  
Duy Pham, M.D.  
Rena Sugarbaker, M.D.  
Jan I. Terpstra, M.D.  
Michael J. Voss, D.O.  
Jeffrey M. Watabe, M.D.  
- Acute psychiatric crisis management  
- Affective disorder  
- Anxiety  
- Behavior problems  
- Bipolar disorder  
- Chemical dependency stabilization  
- Depression  
- Dual diagnosis treatment  
- Individual and group therapy  
- Intensive treatment  
- Post-traumatic stress disorder  
- Psychopharmacology  
- Schizoaffective disorder  
- Schizophrenia

Adult Outpatient  
**(801) 581-7951**  
Christine W. Burns, Ph.D.  
Laura Czajkowski, Ph.D.  
Paula Gibbs, M.D.  
Elizabeth F. Howell, M.D.  
Michael R. Lowry, M.D.  
Matthew L. Moench, M.D.  
Duy Pham, M.D.  
Steven M. Ross, Ph.D.  
Leonard J. Schmidt, M.D.  
Rena Sugarbaker, M.D.  
Jeffrey M. Watabe, M.D.  
Rachel Weir, M.D.  
- Anxiety  
- Attention deficit disorders (ADD/ADHD)  
- Medication management  
- Mood disorders  
- Obsessive-compulsive disorders (OCD)  
- Psychiatric evaluation  
- Psychological testing  
- Psychotherapy  
- Substance abuse diagnosis and treatment

Child and Adolescent Behavioral Health Clinic  
**(801) 585-1212**  
Philip Baese, M.D.  
Sherlene Dean, A.P.R.N.  
Megan Farley, Ph.D.  
Douglas D. Gray, M.D.  
Michael D. Johnson, M.D.  
Anne G. Lin, M.D.  
Rachele M. McCartery, M.D.  
Rachel Weir, M.D.  
Matthew M. Woolley, Ph.D.  
- Anxiety disorders  
- Attention deficit disorders (ADD/ADHD)  
- Autism spectrum disorders
- Depression
- Developmental disorders
- Learning disabilities
- Medication management
- Mood disorders
- Obsessive-compulsive disorders (OCD)
- Oppositional/conduct and behavioral problems
- Personality disorders
- Psychiatric evaluation
- Psychological testing
- Psychotherapy
- Social skills development
- Sports psychology
- Suicide prevention
- Tourette syndrome

**Child and Adolescent Inpatient**

**ECT/TMS Clinic**

(801) 583-2500

Lowry Bushnell, M.D.
Duy Pham, M.D.
Michael J. Voss, D.O.
Howard R. Weeks, M.D.

- Electroconvulsive therapy
- Transcranial magnetic stimulation therapy
- Treatment resistant mood disorders

**Forensic Psychiatry**

David Moulton, M.D. .......... (801) 585-1575
Leonard J. Schmidt, M.D. ....... (801) 587-3117
Jeffrey M. Watabe, M.D. .......... (801) 585-1575

- Civil and criminal psychiatric evaluation
- Competence to stand trial evaluation
- Psychiatric disability evaluation
- Workplace stress and performance evaluation

**Neurobehavior HOME Program**

(801) 581-5515

James C. Ashworth, M.D.
Philip Baese, M.D.
Deborah Bilder, M.D.
Traci L. David, M.D.

- Annual physical exams and well-child checks
- Autism diagnostic testing
- Behavior management services
- Case management
- Crisis management
- Developmental disability care for Utah Medicaid beneficiaries
- Dietician/nutritional counseling
- Individual and group counseling
- Medication management
- Preventive care
- Psychiatric evaluations
- Specialty care referral
**Outpatient Recovery Clinic**

**[(801) 585-1575]**

Katherine L. Carlson, M.D.

- Addiction medicine
  - Alcohol and drug treatment
- Addiction psychiatry
  - Alcohol and drug treatment associated with psychiatric problems
- General adult psychiatry
- Psychopharmacology (medication treatments)
  - Assessments
  - Maintenance treatment
  - Ongoing therapy
  - Outpatient detoxification

**Psychiatric Consultation and Liaison Service**

**[(801) 581-7951]**

Martin Freimer, M.D.
Brian Harlan, M.D.

- Discharge planning
- Inpatient psychiatric consultation
- Medication management

**Sleep-Wake Center**

**[(801) 581-2016]**

Laura Czajkowski, Ph.D.

- Cognitive behavioral therapy for insomnia
- Evaluation and treatment of sleep disorders
- Excessive daytime sleepiness
- Parasomnias
- Sleep apnea or other sleep-breathing problems
- Sleep related movement disorders
- Sleep schedule disorders
James C. Ashworth, M.D.
Child & Adolescent Inpatient

Philip Baese, M.D.
Neurobehavior HOME Program

Roxanne L. Bartel, M.D.
Adult Inpatient

Deborah Bilder, M.D.
Neurobehavior HOME Program

Robert Birch, D.O.
Adult Inpatient

Christine W. Burns, Ph.D.
Adult Outpatient

Lowry Bushnell, M.D.
Adult Inpatient

Benjamin Chan, M.D.
Child & Adolescent Inpatient

Thomas Conover, M.D.
Child & Adolescent Inpatient

Laura Czajkowski, Ph.D.
Adult Outpatient

Traci L. David, M.D.
Neurobehavior HOME Program

Megan Farley, Ph.D.
Child & Adolescent Outpatient

Martin Freimer, M.D.
Adult Inpatient • Psychiatric Consultation & Liaison

Paula Gibbs, M.D.
Adult Inpatient & Outpatient

Laura Gilley, M.D.
Child & Adolescent Inpatient

Douglas D. Gray, M.D.
Child & Adolescent Outpatient

Brian Harlan, M.D.
Adult Inpatient • Psychiatric Consultation & Liaison

Elizabeth F. Howell, M.D.
Adult Inpatient & Outpatient

Jason W. Hunziker, M.D.
Adult Inpatient • Psychiatric Consultation & Liaison

Jeremy Kendrick, M.D.
Child & Adolescent Inpatient

Kristi K. Kleinschmit, M.D.
Child & Adolescent Inpatient

Sebastian Kreitschitz, M.D.
Adult Inpatient & Outpatient

Ben Lewis, M.D.
Adult Inpatient

Anne G. Lin, M.D.
Child & Adolescent Outpatient

Michael R. Lowry, M.D.
Adult Outpatient

Rachele M. McCarthey, M.D.
Child & Adolescent Outpatient

William M. McMahon, M.D.
Child & Adolescent Outpatient

Matthew L. Moench, M.D.
Adult Outpatient

David Moulton, M.D.
Adult Inpatient

Allison Nitsche, M.D.
Child Inpatient
Rachel Weir, M.D.  
Adult, Child & Adolescent Outpatient

Matthew M. Woolley, Ph.D.  
Child & Adolescent Outpatient