

## PAIN MANAGEMENT WITH OPIOIDS and alternate treatment options

Experts from the University of Utah Pain Management Center will teach care providers about the use of opioids in pain management, and other options in treating chronic pain.

+ CME credit: One hour

**Postponed** - watch  
for this event to be  
rescheduled.



Scott Junkins, MD  
Anesthesiologist



Sofia Chernoff, PsyD  
Clinical psychologist

## BEHAVIORAL HEALTH INTEGRATION

**POSTPONED - to be  
rescheduled**

This new educational offering will help to increase understanding of the revolutionary health practices being undertaken by the University of Utah Behavioral Health Integration Team.

Through this educational offering, the Behavioral Health Education team will use a multi-disciplinary approach, using Zoom webinar, LMS modules, and a follow up podcast, to introduce staff to their innovative behavioral health model. Those who participate can propose topics they would like to have covered.

This series will launch on Tuesday, April 14, 2020 at noon.

Those interested in joining can email [sarah.day@hsc.utah.edu](mailto:sarah.day@hsc.utah.edu)

For more information about the Behavioral Health Integration Model:

> **Read the provider  
information pamphlet**

> **Read the patient  
information pamphlet.**

## 2020 GENERATIONS CONFERENCE

In partnership with University Neuropsychiatric Institute and the Utah Division of Substance Abuse and Mental Health

The Generations Conference was founded by the University Neuropsychiatric Institute, in partnership with the Utah Division of Substance Abuse and Mental Health. This conference aims to join health care providers and behavioral health professionals from Utah and contiguous states, to increase their knowledge of the behavioral health and substance use disorder issues facing today's diverse society, and to develop and implement effective prevention and treatment programs and strategies.

**Rescheduled: August 24-26, 2020**

> For more information on this conference, visit [esimgt.com/generations-2020](http://esimgt.com/generations-2020)

## WHEN A TRAUMA BECOMES A STROKE

Join this live broadcast of Trauma Grand Rounds. This topic will be presented by Dr. Jennifer Majersik, Associate Professor of Vascular Neurology.

**CANCELED** > **More information**

## UNRAVELING THE COMPLEXITY OF CHRONIC CARE AND FATIGUE

This three-part virtual workshop will provide a multidisciplinary approach to patients who present with chronic fatigue and widespread pain. Providers will broaden their knowledge regarding the underpinnings of symptoms, and gain tools allowing for earlier diagnosis, more effective clinical management, and improved patient outcomes.

**VIDEO CONFERENCE:  
MAY 13 - 15, 2020  
NOON - 1 PM DAILY**

**> [See the flyer](#)**

## 2020 CRITICAL CARE SYMPOSIUM

Join us on March 6th for our 1st annual Critical Care Symposium. Topics will be focused on the current state of critical care medicine and will highlight evidence based standards of practice throughout our units in an effort to unify and strengthen our many talented nurses, doctors and interdisciplinary teams.

**MARCH 6, 2020  
9 AM - 2 PM**

**> [See the website](#)**

## MANAGING COMPLEX DIABETES IN THE PRIMARY CARE SETTING

Dr. Deepika Reddy, endocrinologist at University of Utah Health, will teach a group of primary care providers and hospitalists about ongoing developments in the treatment of diabetes.

Join this video conference, broadcast from Grand Junction, Colorado.

**POSTPONED, to be rescheduled** [> Click here for more information](#)

## PALLIATIVE CARE AND HOSPICE SYMPOSIUM

This year's conference is packed with practice-enhancing content. The faculty have been selected for their expertise and many are nationally known in the specialty of Palliative Care and Hospice.

**CANCELED** [> Click here to see the conference website](#)

## PRICING TRANSPARENCY WORKSHOP

The Pricing Transparency Workshop is a premier one-day event hosted by University of Utah Health. Leaders working in health care finance, contracts, and technical aspects of pricing transparency will share expertise and implementation strategies for growing pricing transparency within your organization.

**POSTPONED, to be rescheduled** [> Click here for more information](#)

## AMPUTEE PATIENT EDUCATION

The **Amputee Patient Education** series with Dr. Christopher Duncan will focus on Secondary MSH (musculoskeletal) issues.

**POSTPONED** [> Click here for more info](#)

To read this newsletter and the related stories online, go to:  
[tinyurl.com/uofuhealthnewsletter](http://tinyurl.com/uofuhealthnewsletter)

Please direct questions about this material to [education@hsc.utah.edu](mailto:education@hsc.utah.edu).



## ROCKY MOUNTAIN IBD COURSE

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This comprehensive overview of the diagnosis and management of inflammatory bowel disease (IBD) will be held at the Grand Summit Hotel and Conference Center, The Canyons Village, Park City Mountain Resort, Park City, Utah. Take advantage of this cutting edge educational program in the beautiful Wasatch Mountains.

**MARCH 13-15, 2020**

> For more information on this conference, [see the website](#)

## ANNUAL OBSTETRICS AND GYNECOLOGY UPDATE

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The Annual Obstetrics and Gynecology Update will be held in Park City, Utah. This conference familiarizes practicing physicians and health care providers with recent developments in clinical obstetrics and gynecology. The course is designed for those practicing general obstetrics and gynecology to enhance knowledge in current controversies and other clinically relevant topics.

**FEB 9-12, 2020**

> [See the website](#)

## PATIENT CENTERED MEDICAL HOME

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A new quarterly webinar series will teach the principles of Patient Centered Medical Home (PCMH) for clinics. Subject matter experts will share experiences, lessons learned, and best practices.

This series will teach the key attributes that resulted in 13 primary care clinics throughout the University of Utah Health system officially recognized by the National Center for Quality Assurance in 2019.

> **NOT postponed - course currently in process**  
[Click here](#) to read more and learn how to register.

## 2020 THERAPEUTIC ENDOSCOPY COURSE

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This is a multifaceted gastrointestinal endoscopy course that will educate attendees on the diagnosis and treatment of a wide range and variety of gastrointestinal conditions.

**MARCH 6-8, 2020**

> For more information on this conference, visit [medicine.utah.edu/internalmedicine/gastroenterology/events/therapeutic.php](http://medicine.utah.edu/internalmedicine/gastroenterology/events/therapeutic.php)

## INTERMOUNTAIN WEST HEPATOLOGY UPDATE

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This year's course will focus on the management of chronic liver diseases, including chronic hepatitis C, nonalcoholic fatty liver disease, Wilson disease and alpha 1 anti-trypsin deficiency. We will also discuss the role of liver transplant in patients with morbid obesity, severe alcoholic hepatitis and Wilson disease. Finally, this year we will also focus on the diagnostic approach of liver tumors with dedicated coverage of hepatocellular carcinoma and cholangiocarcinoma.

**CANCELED**

> For more information on this conference, visit [medicine.utah.edu/internalmedicine/gastroenterology/events/therapeutic.php](http://medicine.utah.edu/internalmedicine/gastroenterology/events/therapeutic.php)

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# March 2020 Newsletter



## Behavioral Health ECHO | Mod 4: Crisis Intervention & Diversion

Behavioral Health ECHO is currently on spring break through March 13, 2020. In the meantime we encourage you to review our content (session recordings & slide decks) on our website: <https://physicians.utah.edu/echo/clinical-support-areas/behavioral-health.php>

Module 4: Crisis Intervention & Diversion with Stella Stencer, LCSW will begin on Thursday, March 19.

If you are interested in participating, or have questions regarding the case submission/presentation process, please contact Sarah Day at [sarah.day@hsc.utah.edu](mailto:sarah.day@hsc.utah.edu). We look forward to your participation!

## Project ECHO staff update

After three FUN years with Project ECHO at the University of Utah, I've accepted a new position at the U that will take me away from my role with the program. I want to thank you all for your support, participation, and enthusiasm for Project ECHO. It has been such a joy to work with you all on improving access to health care for patients throughout the region. As you have feedback for the team, or perhaps you'd like to share how this program has impacted you in your practice, please email us at [project.echo@hsc.utah.edu](mailto:project.echo@hsc.utah.edu). I wish you all a lovely spring and do hope our paths cross again!

Christina Choate  
[christina.choate@hsc.utah.edu](mailto:christina.choate@hsc.utah.edu)

## Upcoming ECHO sessions

To learn more or join us for one of the following sessions, please contact us at [project.echo@hsc.utah.edu](mailto:project.echo@hsc.utah.edu).

### **Behavioral Health:**

"Module 4: Personality Disorders" with Stella Stencer, LCSW begins on Thursday, March 19 and will be held from noon – 1 pm MT through Thursday, March 26.

### **Gastroenterology & Liver Care:**

Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Dr. Terry Box (Hepatology), Dr. John Valentine (Gastroenterology), and Dr. Tony Dalpiaz (Clinical Pharmacy).

### **Hepatitis C Virus:**

Held weekly on Fridays from 11:30 am – 1:00 pm with Dr. Terry Box (Hepatology) and Dr. Tony Dalpiaz (Clinical Pharmacy).

### Pediatrics:

"Management and Evaluation for Neonatal and Infantile Seizures" (3/4/2020)

"Brief Resolved Unexplained Event (BRUE)" (3/11/2020)

"Type 1 Diabetes: DKA, Outpatient Management, & New Technologies" (3/18/2020)

"Juvenile Idiopathic Arthritis & Other Spondyloarthropathies" (3/26/2020)

### Pregnancy Care:

"Sleep During Pregnancy [FAQ]" (3/13/2020)

"Diet & Exercise During Pregnancy [FAQ]" (3/27/2020)

## Data Usage Notification

In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement's reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact us at [project.echo@hsc.utah.edu](mailto:project.echo@hsc.utah.edu) with any questions or concerns.